



Week #11 of The Gospel of Mark

November 12, 2023

## Unwrapping and Applying God's Principles

1. The list below contains some things Christians do to grow spiritually. Which of these could easily become things we “go through the motions because”?

Go to church	Daily reading of the Bible
Serving or Volunteering	Giving Generously
Communion	Fasting
Life Group	Prayer

2. What is your general experience with fasting? What did you learn from the sermon about fasting? What questions do you still have about the spiritual practice of fasting?

## Deepening Our Hearts for God

1. We can fast from anything for a time. Is there anything you have fasted from in order to spend more time with God? What was the experience like?
2. Read 2 Corinthians 5:17. What is the life-changing truth in this verse? How should this impact how we live our Christian faith in everyday life?

## Looking Ahead

Read Mark 2:23-3:6. Circle, underline, or highlight anything that stands out. What questions do these two sabbath stories answer? What questions do they create?

## Living Together

- What do you like most and least about attending a wedding?
- What is the longest amount of time you ever went without food? Why did you do this?

## Learning in Our Understanding

1. Read Mark 2:18-22. Look at your notes from the sermon. How is Christianity different?
2. According to Mark 2:18, What prompted the question about fasting asked of Jesus? Who asked the question? Why is this important to know?
3. Jesus responds to the Pharisees' question in Mark 2:19-20. What does a wedding have to do with the question of fasting?
4. A second piece of Jesus' answer concerning fasting is in Mark 2:21-22. What do “the old wine skin” and “the new wine skin” symbolize?
5. How do you think Jesus' views and those of the Pharisees differ when it comes to being spiritual?

