

## **A Thief Named Loneliness**

### **How the Grinch Stole Christmas**

**We have a choice to...**

<sup>1</sup>In you, LORD my God, I put my trust. <sup>2</sup>I trust in you; do not let me be put to hame, nor let my enemies' triumph over me. <sup>3</sup>No one who hopes in you will ever be put to shame, but shame will come on those who are treacherous without cause.

<sup>4</sup>Show me your ways, LORD, teach me your paths.

<sup>16</sup>Turn to me and be gracious to me for I am lonely and afflicted."

**Psalm 25:1–4, 16**

### **Common Causes of Loneliness**

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"For I am already being poured out like a drink offering, and the time for my departure is near." **2 Timothy 4:6**

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"9 Do your best to come to me quickly....<sup>21</sup> Do your best to get here before winter...." **2 Timothy 4:9, 21**

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"Alexander the metalworker did me a great deal of harm. The Lord will repay him for what he has done." **2 Timothy 4:14**

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"At my first defense, no one came to my support, but everyone deserted me. May it not be held against them." **2 Timothy 4:16**

### **How can I overcome loneliness?**

**We have a choice to...**

#### **2. By minimizing \_\_\_\_\_.**

"At my first defense, no one came to my support, but everyone deserted me. May it not be held against them." **2 Tim 4:16**

#### **3. By emphasizing \_\_\_\_\_.**

"But the Lord stood at my side and gave me strength, so that through me the message might be fully proclaimed, and all the Gentiles might hear it. And I was delivered from the lion's mouth." **2 Tim 4:17**

**We have a choice to...**

#### **4. By recognizing \_\_\_\_\_.**

"But the Lord stood at my side and gave me strength...." **2 Tim. 4:17**

**We have a choice to...**

#### **1. By using \_\_\_\_\_.**

"When you come bring the cloak which I left at Troas with Carpus, and the books, especially the parchments." **2 Tim 4:13**