

Announcing the

SON OF GOD

from Mark's Gospel

Christianity is Different

Mark 2:18-22

1. Spiritual tools are not ritualistic rules.

“Now John’s disciples and the Pharisees were fasting. And people came and said to him, “Why do John’s disciples and the disciples of the Pharisees fast, but your disciples do not fast?”

What can we learn from Jesus’ response about fasting?

Mark 2:18

A Few Truths About Fasting

- Fasting is not...*a command*

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A Few Truths About Fasting

- Fasting is not...*a command*
- Fasting is...*a spiritual response to extreme conditions*

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A Few Truths About Fasting

- Fasting is not...a command
- Fasting is...a spiritual response to extreme conditions
- Fasting is not...a source of pride

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2. Relationships over rituals is the focus.

“And Jesus said to them, ‘Can the wedding guests fast while the bridegroom is with them? As long as they have the bridegroom with them, they cannot fast.’”

Mark 2:19

**What can we
learn from
Jesus' response
about fasting?**

3. The old and the new do not mix.

“²¹No one sews a piece of unshrunk cloth on an old garment....

²²And no one puts new wine into old wineskins....”

Mark 2:21-22

**What can we
learn from
Jesus' response
about fasting?**

You are New!

“Therefore, if anyone is in Christ,
the new creation has come:
The old has gone, the new is here!”

2 Corinthians 5:17

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Challenge



Am I ready for
something new?