## What is the difference between Forgiveness and Reconciliation?

- 1) Forgiveness can be initiated by one individual; Reconciliation is a joint venture by both parties and the restoration of trust is essential.
- 2) Forgiveness is a decision to release the person who harmed you; reconciliation is the effort to re-establish trust in the relationship with the offender.

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- 3) Forgiveness is a free gift to the one who has broken trust; reconciliation is a renewed relationship based on restored trust.
- 4) Forgiveness is unconditional (even without the offender's repentance); reconciliation is conditional based on repentance.