

What will restore me to be a servant?

1.

Realizing my unsatísfactory realíty.

Jonah said, "In my distress, I called to the Lord....

I have been banished from your sight...."

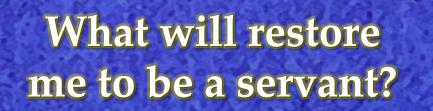
Jonah 2:2-4



Recognizing my need for help.

> "When my life was ebbing away, I remembered you, LORD and my prayer rose to you, to your holy temple."

> > **Jonah 2:7**



3.

Remembering where my help comes from.

"⁸Those who cling to worthless idols forfeit God's love for them. ⁹But I, with shouts of grateful praise, will sacrifice to you."

Jonah 2:8-9

Remember where my help comes from

Help is not found in false securities



Remember where my help comes from

Help can be found in God Alone



Do I lack <u>compassíon</u> like Jonah?

Do I lack <u>compassion</u> like Jonah?

Am I stuck in my own "Whale"?