

The background of the entire image is a close-up of two hands, one from the left and one from the right, reaching towards each other. The hands are positioned as if they are about to clasp or are in the middle of a struggle. The skin is a warm, natural tone, and the lighting is soft, highlighting the texture of the skin and the tension in the fingers. The background is a mottled, earthy brown color, suggesting a stone or aged parchment surface.

Genesis 32

GENESIS

A Holy Wrestling Match

1. I have to meet God by myself.

“²³He took them and sent them across the stream, and everything else that he had. ²⁴And Jacob was left alone. And a man wrestled with him until the breaking of the day.”

Genesis 32:23-24

God does his deepest
work when...

We are alone

GENESIS

Isolation is an...

invitation

GENESIS

2. I have to meet God in my weakness.

“²⁴And Jacob was left alone. And a man wrestled with him until the breaking of the day. ²⁵When the man saw that he did not prevail against Jacob, he touched his hip socket, and Jacob’s hip was put out of joint as he wrestled with him.”

Genesis 32:24-25

God's touch is a
reminder of ...

Our
dependence

GENESIS

A “limp” is a
reminder of ...

God's grace

GENESIS

A background image showing two hands, one from the left and one from the right, reaching towards each other. The hands are positioned as if they are about to meet or are in the process of shaking hands. The lighting is soft and warm, creating a gentle, hopeful atmosphere. The hands are the central focus, with the fingers slightly curled and the palms facing each other.

**There is a difference
between...**

Knowing about God,
and knowing God.

3. I have to cling to God so he can change me.

“²⁵When the man saw that he did not prevail against Jacob, he touched his hip socket, and Jacob’s hip was put out of joint as he wrestled with him.

²⁶Then he said, ‘Let me go, for the day has broken.’ But Jacob said, ‘I will not let you go unless you bless me.’”

Genesis 32:24-25

Jacob's strategy until
now has been...

to control people,
outcomes, and
God

GENESIS

“¹Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is true worship. ²Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”

Romans 12:1-2



God is not...

the means
to the dream,
He is the prize

GENESIS



**How can we hold on
like Jacob?**